

## **Sacrament of Reconciliation :**

**By appointment only - please phone 020 8529 1804**

All parishes in England & Wales are at present unable to celebrate Mass for parishioners to attend. **But please be reassured that Mass is still being celebrated for you and your loved ones – behind closed doors.**

*The following are the intentions Fr Francis will be offering Mass for during the next week.*

### **Mass Intentions 2<sup>nd</sup> – 10<sup>th</sup> May 2020**

<b>Saturday</b>	10am	Michael Sleap RIP (Mould)	
<b>Sunday 3<sup>rd</sup></b>	10.30am	People of the Parish	<b><u>4<sup>th</sup> Sunday of Easter</u></b>
<b>Monday</b>	9am	Michael Sleap RIP (SVP)	
<b>Tuesday</b>	9am	Margaret Whiteman RIP	
<b>Wednesday</b>	9am	Marion Mackey RIP	
<b>Thursday</b>	9am	Peter Culba RIP (Culba)	
<b>Friday</b>	9am	Canon Anthony Griffiths RIP	
<b>Saturday</b>	10am	Dec'd Haydon family (Ogles)	
<b>Sunday 10<sup>th</sup></b>	10.30am	People of the Parish	<b><u>5<sup>th</sup> Sunday of Easter</u></b>

### **Sick or housebound parishioners and former parishioners:**

Elisabeth Abbott, Craig Allison, June Allison, Sue Allison, Terri Arend, Jackie Ayers, Caitlin Barrett, Jim Broderick, Tom Tom Cahill, Andy Chipperfield, Bridie Conlon, Lena Costello, Jodie Denver, Morris & Celia Duranti, Fr Paul Dynan, Mary Enright, Antonia Evans, Roddy Feeney, Mercy Fernandez, Mary George, Rikki Gill, Margaret Green, Jackie Hill, Peter Hastie, Teresa Hoban, Maureen Jayes, Simone Jones, Della Kerr, Maureen Kerrigan, Louise Lecointe, Thelma Lizarondo, Maria Ludwig, Anne Manning, Isobel Manz, Fr Jean-Laurent Marie, Pat Marshall, Margaret Metcalfe, James McNaboe, Jada Miller-Lewis, Brian O'Donnell, Charlie O'Donnell, Noreen O'Shea, Helen Parker, Maxine Pereira, Kathleen Petterson, Ana Pitts, Brigit Radcliffe, Teresa Raymond, Joe & Jann Robinson, Caroline Simpson, David Sparks, Samantha Sparks, Katie Stringer, Marianne Tarrant, Sharon Taylor, Renata Wallis, Ellen Williamson & Mary Wright.

### **Parish Finances**

Although Mass is not being celebrated in public, the parish still has bills to pay. If you wish to make a donation to help the parish in these extraordinary times, please put your donation in an envelope and put it through the letter box at 1 Kings Road or by online donation which can be accessed via the Diocesan website below:

<https://www.dioceseofbrentwood.net/donations/>

### **Standing Orders.**

We are also most grateful to all parishioners who support the parish by Standing Orders.

There are Standing Order Forms in the South Porch of the church for anyone who would also like to support the parish in this way.

## **Our Lady of Grace & St Teresa of Avila Parish Newsletter**

### **Parish Priest**

Fr Francis Coveney

Fr Jean Laurent Marie (in residence)

### **Sunday 3<sup>rd</sup> May 2020**

A registered charity

chingfordolgsta@dioceseofbrentwood.org

1 Kings Road

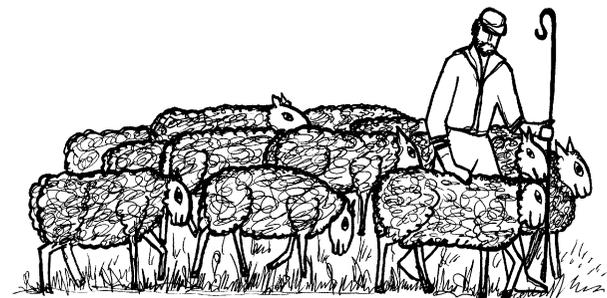
Chingford

London

E4 7HP

020-8529 1804

### ***4<sup>th</sup> Sunday of Easter (Year A)***



***Jesus said: I am the good shepherd. (John 10:11)***

### **Readings**

Acts 2:14.36-41 1 Peter 2:20-25 John 10:1-10

### **Psalm 22**

The Lord is my shepherd; there is nothing I shall want.

### **Acclamation**

Alleluia, alleluia!

I am the good shepherd says the Lord;

I know my own sheep and my own know me.

Alleluia!

### **Weekday Morning Prayer**

Psalter Week 4

### **Lectionary:**

Sundays (Cycle A); Weekdays Easter week 4

### **For more information see:**

<http://universalis.com/>

### **Prayer of St Ignatius of Loyola:**

Teach us, good Lord, to serve you as you deserve;  
to give & not to count the cost; to fight & not to heed the wounds;  
to toil & not to seek for rest; to labour & not to ask for any reward,  
save that of knowing that I do your holy will.

## **FR FRANCIS WRITES**

### **Today is Good Shepherd Sunday**

Today we traditionally pray for vocations to the priesthood for our diocese- and our seminarians travel to parishes to speak about vocations.

This year three of them have recorded video messages on <https://bit.ly/3aGVQp9>

We continue to have evenings for those who are enquiring about a vocation to the priesthood but at present held online. For more info please email Fr Mark Swires at [vocprom@dioceseofbrentwood.org](mailto:vocprom@dioceseofbrentwood.org)

**Please continue to pray for vocations** to the priesthood & to the religious life - and also that all of us may be able to hear what God is asking us to do.

See <https://www.brentwoodvocations.co.uk>

**At present Mass is being celebrated each day behind closed doors**, filmed and broadcast on the parish facebook page here [www.facebook.com/OLGStTAParish/](http://www.facebook.com/OLGStTAParish/)  
**Sunday 19 April 10.30am**

The parish website is here.

<http://www.catholicchingford.org.uk/home>

**Although our church is closed please continue to pray with your families.**

*Please pray the Rosary & The Angelus: our country needs Our Lady's help & protection more than ever. Please use the Simple Prayer Book, the Magnificat magazine & the leaflets in the porch.*

### **PLEASE PRAY FOR**

**Please pray for the following who have died:**

**Michael Sleep** the husband of Teresa  
**Marion Mackey**, the mother of Melissa  
**Mary Wright**, the mother of John

*Michael Sleep's Funeral will be on Monday 4 May*

*Marion Mackey's Funeral will be on Wednesday 6 May*

**May they rest in peace.**

### **Mass Intentions**

You can still have Masses said for your intentions by collecting a Mass Intention Envelope from the church porch & posting it in the Presbytery (1 Kings Road).

## **SPIRITUAL SURVIVAL KIT**

**Get your Spiritual Survival Kit for the Pandemic here:**

<https://aleteia.org/>

**See too talks from the Franciscan Friars of the Renewal with Ascension Press**

<https://media.ascensionpress.com/category/ascension-presents/cfrs/>

## **SACRAMENT CATECHESIS**

**First Holy Communion Program 2019/20**

*Rescheduled dates*

**Teaching Sessions for parents & children**

Saturday 5 September 9.15am

Saturday 12 September 9.15am

**FHC Masses**

Saturday 19 & 26 September 10am

Saturday 3 October 10am

**Going Forth Mass**

Sunday 11 October 10.30am

**Confirmation Program 2020 - changes**

Just as the candidates are getting school work electronically, so too **the Confirmation Programme will now continue remotely**. Tasks will be sent to the candidates by email to be completed by them and returned before the completion of the programme. **Naturally the Celebration of Confirmation can only take place after we have resumed public worship.**

## **VACANCIES**

**TRINITY CATHOLIC HIGH SCHOOL**

**Teacher of English**, September 2020

**Teacher i/c of Spanish** September 2020

-Please visit the schools website for more details

## **BE NOT AFRAID:**

### **The Coronavirus & Meeting God in Uncertainties (part 2)**

**God wants to meet you, right now, in whatever is weighing on your heart in these tumultuous times full of uncertainties.**

**Here are four things we can all do to encounter God precisely in these challenges, not in spite of them.**

1. *Look for the Deeper Problem: A Disease of the Heart*
2. *Fight against Your Fears*
3. *Radiate the Peace which Surpasses All Understanding*
4. *Give God Worship, Even If You Can't Go to Mass*

**Last week we looked at the first point. This week we shall look at the second.**

#### **2. Fight against Your Fears**

**Jesus said, "Do not be anxious about your lives...." (Matthew 6:25).** Having genuine concern for your work, your finances, and your health is prudent. But we should never lose our peace and become anxious. Anxiety is never from God. It's something we should bring to confession. The devil uses anxiety to rattle us, to get us to focus on ourselves, to lose hope, to be discouraged, to panic, to put ourselves first instead of thinking of others and working toward the common good. When we find ourselves giving in to anxiety, we should treat that like the check-engine light going off in the car. Something is seriously off and needs to be fixed.

**How do you address those fears?**

*First, ask God what is at the root of this fear.* Talk about it with a spiritual director, confessor, or mentor. Maybe there's something Jesus is trying to show you about yourself—maybe you are afraid to trust in the Lord, maybe you seek your

security more in your career and financial resources than you do in God. Maybe God is revealing a certain self-centeredness, a "me first" mentality, that he wants to address.

Maybe he's showing you the fear of suffering, an attachment to this world's honors and comforts, a need to control everything, a vulnerability to being emotionally shaken by certain anxious people, social media platforms, and media outlets from which you probably should be more detached.

*Ask God what is the root of your fear and ask him to heal you of whatever is out-of-line in your soul.*

For anxiety is always pointing to some deeper problem within us.

*Second, bring the Word of God into your fears.*

Pierce darkness of your anxieties with the light of Truth. Always remind yourself God is still in charge. He will look after you. *Even if your worst fears come true, God will still care for you and bring some good out of whatever happens.*

The devil knows our vulnerabilities and tries to exploit our anxieties. He wants to rattle us. To get us preoccupied with self in such a way that we're not able to give the best of ourselves to the people around us and to God.

*To fight against those temptations, the Church Fathers said we need to "talk back" to those demons rattling us. We "talk back" with the Word of God.*

So the next time you notice yourself getting anxious about what's happening, pray a line from Scripture like "The Lord is my shepherd" or "Jesus Christ is Lord" or the line from the Divine Mercy chaplet: "Jesus I trust in you"

*—something that proclaims the truth of how Jesus is in charge and how God will care for us in all things.*